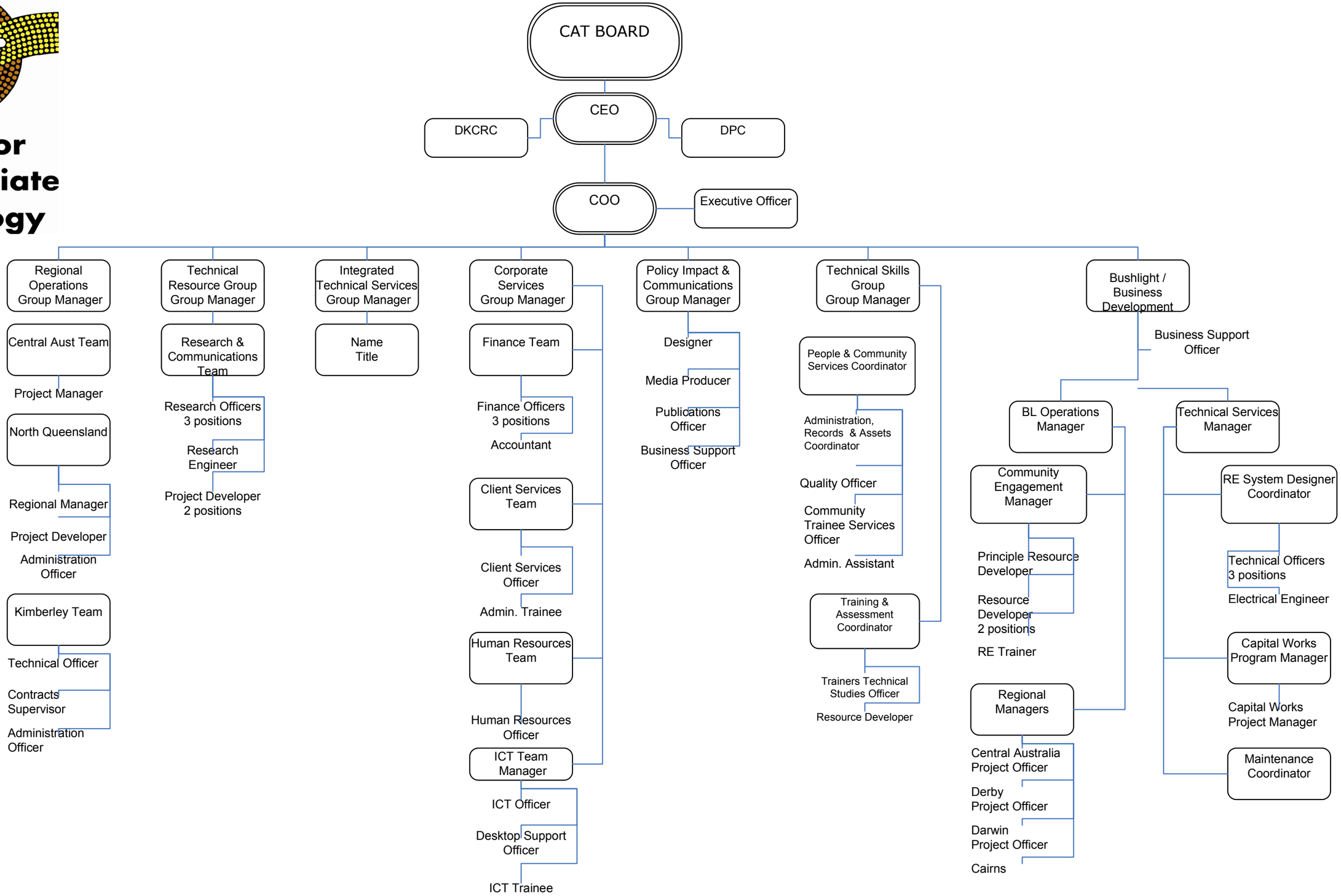Centre for Appropriate Technology